



ENLIGHTENING CHOICES

Nutrition for a Lighter Lifestyle

Testimonials

"I'm a believer! Nancy Bennett gave one whale of a presentation today. So glad I took the time to attend; she's the first person who has given me a complete and comprehensive explanation of WHY veggies and fruits are good for you....." So many great ideas that are really pretty easy to implement. Thanks for giving us the opportunity to hear her." John Cerle, East Bay MUD

"She's gifted. She takes information that can be very dull, dry material and makes it interesting and relevant for everyone." "Everyone who hears her walks out and they say, 'everything she said is so practical'. They were so enthused; they say, 'I can do this.' One of our VP's that went (most of our audiences are women, and this guy is a man); I caught him in the hall talking about it. People leave energized and ready to go." --Jan Norton, Seton Medical

"Nancy Bennett is the professional's professional. Her depth of knowledge in the science of nutrition, combined with her common-sense approach to lifestyle, changes her audiences' lives. They listen; they laugh; and they learn." --Bruce Morrow, M2 Creative Meeting & Events

"I saw Nancy Bennett speak at the Women's Health Conference and was VERY impressed. I am a pediatrician in Alameda County and can definitely use some of the suggestions she gave us at the conference with my teen overweight patients." Marjorie Alpert, MD

"I really enjoyed your seminar on Saturday. You were fabulous! Thank you for all your help and advice. I am 43 years old and have a Ph.D. in Chemistry, and have been working in the Biotech industry for over 10 years. I am looking to change careers, and listening to you speak, and help so many people, really inspired me. I was wondering if you may have any recommendations on how I may become qualified in the field of nutrition?" Helen Wight, Ph.D. & seminar attendee

"Nancy works with us as a dynamic spokesperson for our client, Foster Farms, and is always a pleasure to work with. She excels at transforming complex nutritional messages into easily-digestible sound bites tailored specifically for each targeted audience. Nancy discusses nutrition (often a "hot button" issue in today's "super-sized" society) with inspiring, real-life tips and health messages. Audiences love her honest, practical, motivating approach, and we always receive positive feedback on her polished presentation style. Whether on camera, in front of an audience, or one-on-one, Nancy has a talent for making the goal of good nutrition an attainable reality." Lorna Bush, Vice President, Fineman, PR

"Nancy won dLife's 2007 National Diabetes Educator Casting Call, beating out hundreds of her colleagues with her engaging personality and approachable style. We have since used Nancy's speaking and media skills and knowledge of diabetes and dietary issues in our weekly television show, dLifeTV." Paula Ford Martin, Editor in Chief, dLifeTV

“Thank you very much for your excellent presentation to the Commonwealth Club...it was exceptionally well-received by the audience. You have a” way with words” and are able to put difficult concepts across in an understandable and simplified manner, which is quite refreshing”. Ralph Goldsmith, MD, Chairman, Health & Medicine, Commonwealth Club of California

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